

Attachment 6: Biographical Sketches for Key Personnel

KAREN NICHOLS, MBA

Karen Nichols serves as the *Network Director for UMRHN*. She has held this position since June 2014. The Network Director is a full-time position (1.0 FTE). Ms. Nichols holds a Master of Business Administration from Virginia Polytechnic Institute and State University. Over the last eight years as Network Director, she demonstrated abilities in facilitation and collaborative management by successfully engaging new members to the Network, reengaging disconnected members, and managing projects that overlap disciplines. The network has served as the backbone organization for a fledgling non-profit in Fairfield County, which required conflict resolution and planning skills.

The Network Director is evaluated annually. First, the Network Director provides a written summary of the preceding year's events and activities, including progress towards stated goals and objectives. Then, the UMRHN Executive Committee reviews and discusses the report and provides input on satisfaction regarding the level of achievement. A final review is conducted by the Board of Directors to provide input and recommendations.

SIMULATION (SIM) LAB COORDINATOR / PROJECT DIRECTOR

The Sim Lab Coordinator / Project Director is a full-time position (1.0 FTE). This position will be funded 0.75 by the RHND grant and 0.25 by USC Lancaster. This person will serve as the primary contact for the simulation lab at USC Lancaster and will identify opportunities to expand usage by students from Lancaster and Chester County. This full-time position requires the ability to plan, implement, and direct programming that meets the needs of the community. The position also requires the ability to effectively communicate and work with a variety of diverse individuals, groups, and organizations including medical professionals. Dr. Catledge has a few people in mind for this position, and they will be approached upon award notification.

COURTNEY CATLEDGE, DNP, MSN/MPH, APRN-BC FNP

Dr. Catledge's practical experience in the clinical setting and position as the Director of the BSN Collaborative Program at USC Lancaster enables her as highly qualified for the role of *Clinical Practice Integration Consultant*. Her professional achievements in cooperative nursing programs and simulation-based interprofessional education are well-known within the University and throughout the clinical community.

Dr. Catledge is a leader in the state's Nursing Education Simulation Alliance, particularly in preparing pre-health professional students in rural settings. She has served in an administrative role for the past 7 years, while maintaining a teaching load and significant scholarly production in nursing education pedagogy. In 2017, Dr. Catledge was awarded the Excellence in Nursing Leadership from the South Carolina Hospital Association. In 2019, she was nominated for the Excellence in Innovative Teaching award from the American Association of Colleges of Nursing.

SARAH SELLHORST, PHD, MS

Dr. Sellhorst is familiar with and excels at all aspects needed for the role of *Educational Systems Integration Consultant*. Her unique educational and professional achievements make her specifically qualified to manage all the tasks needed to shepherd this Health Coaching Certification program through local college administration and accreditation processes. Dr. Sellhorst has a long record of scholarly in research in physical activity and body composition. In her discipline research, Dr. Sellhorst has a long-standing relationship with the American College of Sports Medicine presenting at many national and regional meetings.

Dr. Sellhorst has served in an administrative role at USC Lancaster for the past 7 years, while maintaining a teaching load and significant scholarly production in both exercise science and higher education pedagogy. Dr. Sellhorst was named the 2021 South Carolina Academy of Science 2-year Institution Teacher of the Year and the 2020 University of South Carolina's John J. Duffy Palmetto College Excellence in Teaching Award. Dr. Sellhorst has experience in SACS accreditation processes, degree requirements, and academic program management. She has written articulation agreements for both internal and external degree programs. Dr. Sellhorst has used her discipline specific research experience to guide her investigations into incorporating the practice of undergraduate research into the curriculum and culture of a 2-year rural college campus.

LAUREN THOMAS, MPH, MCHES

Ms. Lauren Thomas's professional experience in asset-based community health improvement and healthcare quality provides her the necessary foundation for the role of *Community Systems & Accreditation Consultant*. She has instructed undergraduate health promotion courses for the past 6 years at USC Lancaster. Ms. Thomas has spent over 15 years in the community health education field, facilitating community dialogue and offering technical assistance in issues ranging from smoke-free policies to litter prevention, from walkable communities to preventing unintended pregnancies. She has extensive grant writing experience, garnering over \$3 million in funding for the communities she has served. Most recently, she co-founded a teen-friendly health department satellite site on a college campus – the 1st in the state of South Carolina.

Ms. Thomas is Master Certified Health Education Specialist and is currently training to become a *National Board Certified Health & Wellness Coach* and is expected to complete her training in February 2023. In addition, she has experience guiding several organizations towards re-accreditation in different accrediting bodies in the healthcare sector – the Accrediting Association of Ambulatory Healthcare (AAAHC), the Accreditation Council of Continuing Medical Education (ACCME), and the Public Health Accreditation Board (PHAB).