

# Local Coalitions



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Inspiring wellness in all communities

# Type of Work



# Cross-Sector Collaboration



**STONEBORO**  
"Pressing Through the Pandemic"



THANK YOU  
SPONSORS!



**\*Food Lion\***

BI-LO

SC DHEC

Christian Services

SC National Guard

DO It Printing Co

American Wax Company

Eat Smart Move More SC

Horton Machine & Design

Kirkland Funeral Services

Total Restoration Church

Freeman Mingo Outreach

Countless Community Volunteers

Upper Midlands Rural Health Network

Lancaster County Sheriff's Department

The Heath Springs Health and Wellness Task Force



*Town of Heath Springs*

Post Office Box 181 • Heath Springs, SC 29520  
803-275-2006 • Fax 803-275-3476

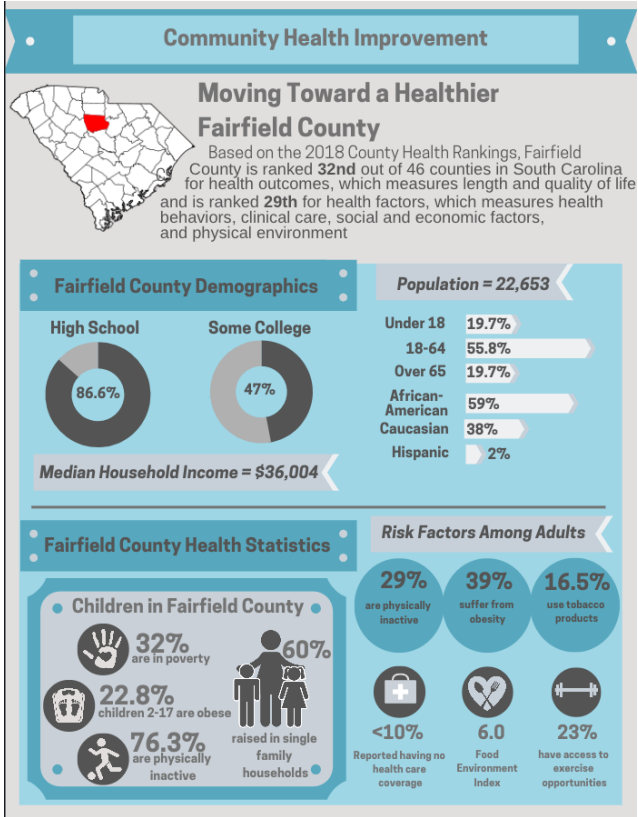
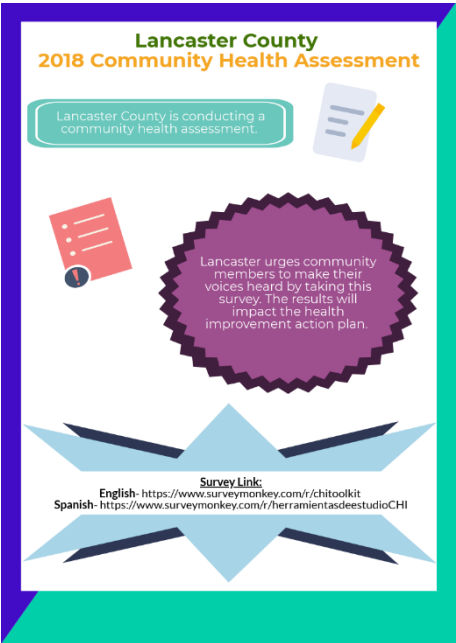
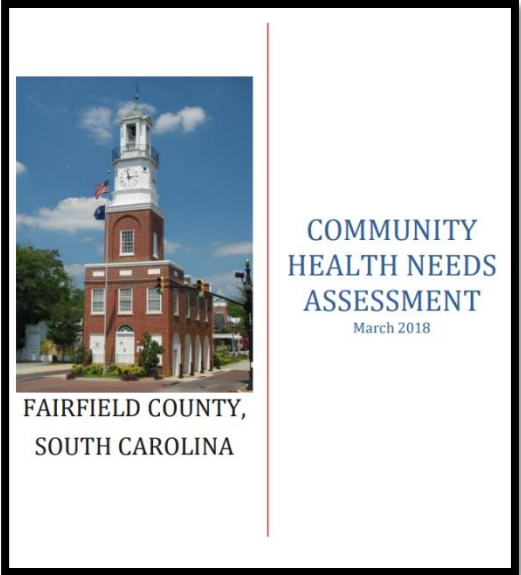


Partnerships working on a  
community health improvement plan.



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# Data-informed plan



# Healthy Eating and Active Living

- FoodShare
- Farmers Markets
- Community Gardens
- Food Policy Councils
- Story Walks
- Walkability Assessments
- Promotion of Walking Trails
- Complete Streets



# Physical Activity Examples





# Walkability Assessment – Fairfield



Take note of the good along with the bad.





# Faith Activity and Nutrition – Lancaster



**FAN 1 YEAR ANNIVERSARY!!**

**CELEBRATING HEALTHIER LIFESTYLES!!**

**Physical Activity and FAITH!!!**

**F**  
Faith  
**A**  
Activity  
**N**  
Nutrition

**LOAD UP YOUR CHURCH VANS.....**  
**MEN / WOMEN / YOUTH / SENIORS Welcome**

**WALKING!!** **PRAISE!!**  
**HEALTHY SNACKS!!** **YOGA!!**  
**CHAIR EXERCISE!!** **GIVE-AWAYS!!**

*\*Please bring a foldable chair*

Please call (803) 285-2828 before May 9 to register the number attending from your church.

**Come out and join the Move-ment!**

All outdoor activities on a fun-filled Saturday

**May 14, 2022**

**7:30 am - 10:00 am**

**Lindsay Pettus Greenway**

**610 E. Meeting Street Lancaster : Barr Street Learning Center Entrance**

**Happy Anniversary !! Happy Anniversary !! Happy Anniversary!!**





# Support from Wholespire



# Types of Support

- Technical Assistance
- Training opportunities
- Linkage to larger initiatives
- Knowledge of other community successes
- Mini-grants
- Website – pages for each chapter
- File-sharing space

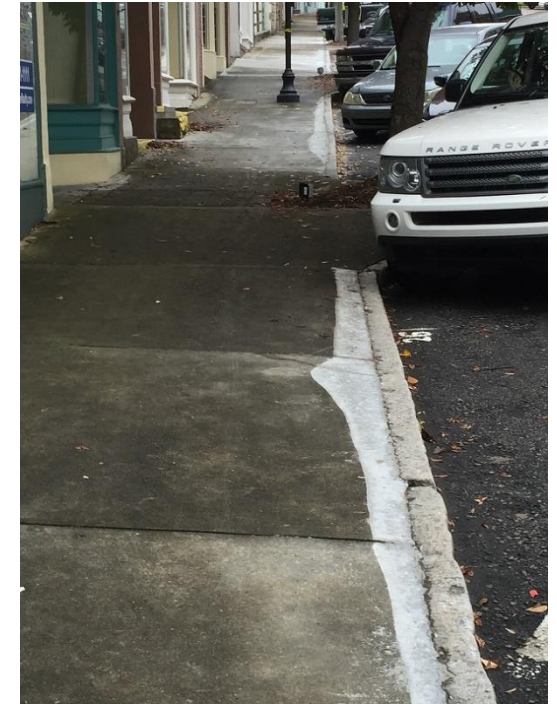
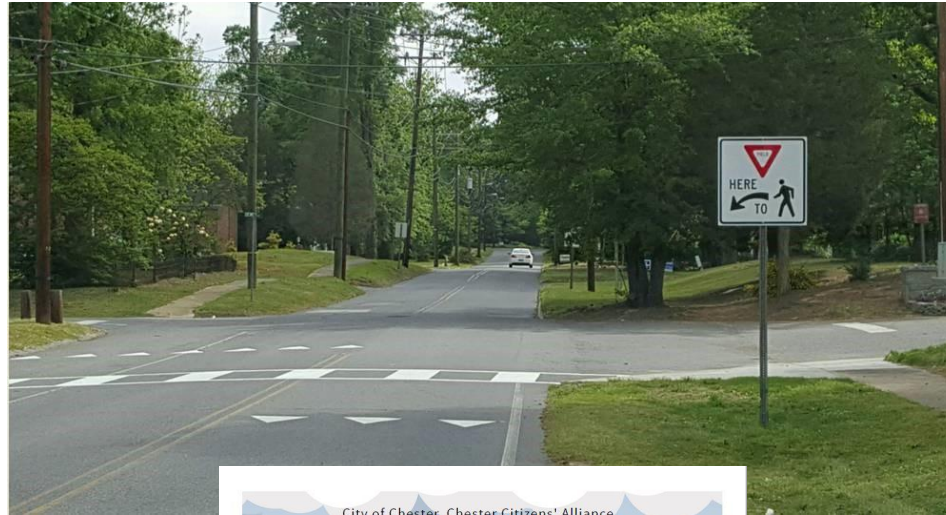
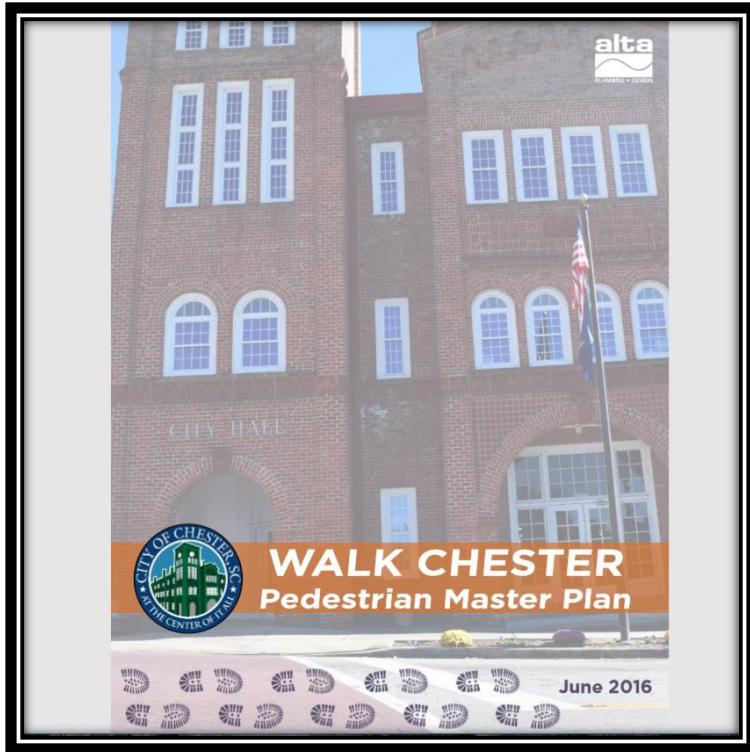


# Successes and Challenges





# Successes – Chester



# Challenges

- 100% volunteers
- Engagement ebbs & flows
- Leaders get tired
- No funding
- Lack of continuity





# Remember to explore your community's assets!







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[wholespire.org](https://wholespire.org)

