

STAY ACTIVE THIS SUMMER

*right here in
Fairfield County*

SUMMER 2022

WALK FAIRFIELD

Newsletter for Fairfield County Families

Downtown Winnsboro Historical Walking Tour

A TOWN FOR ALL TIME

Fairfield County is rich in history. From the longest running clock in America to colonial buildings, the county has many historical attractions. Many years ago, the Fairfield County Museum developed a historical walking tour brochure to highlight more than 50 significant sites in and around the downtown area of Winnsboro. This brochure got a lot of mileage through the years and was popular with visitors. Recently, members of Wholespire Fairfield partnered with the Fairfield County Museum to update the tour and brochure. Get your copy and become reacquainted with the unique history of your town!

Kids - there is a special version of the tour being created just for you ! Check <https://www.kidsinparks.com/find-an-adventure/> for updates!



Get your own copy
of the Downtown
Winnsboro walking
tour map!

Copies are available at:

- the Fairfield County Chamber of Commerce
- the Fairfield County Museum
- the state welcome centers
- several of the businesses in downtown Winnsboro

Or, you can download a printer-friendly version at https://www.townofwinnsboro.com/attractions/take-a-tour-of-fairfield-county_



Get Involved!

Wholespire Fairfield is a coalition of local agencies and individuals who are interested in improving the health of Fairfield County residents through healthy eating and increased physical activity.

Wholespire meets on the fourth Thursday of each month at 2:00pm. For more information, visit

<https://www.wholespire.org/wholespire-chapters/fairfield-county/>

Walking Tour Historic Ridgeway

WHERE HISTORY STILL LIVES

The President of the Fairfield Chamber of Commerce took the newly updated Winnsboro walking tour brochure to the Town of Ridgeway, which had a similar tour brochure that had also not been updated in years. The new Winnsboro brochure prompted Ridgeway to update their brochure – a little friendly competition! Pick up your copy at the downtown Ridgeway shops and businesses.

~ Kids ~

Be sure to check out the Kids in Parks activities for the Peak to Prosperity Trail!

- play nature's hide & seek
- hop aboard the TRACK Trail express
- exercise with the animals
- identify various waterbirds

Brochures are at the trail or can be downloaded from <https://www.kidsinparks.com/peak-prosperity-palmetto-trail>

Alston Trailhead in Jenkinsville

A HIDDEN GEM

The Peak to Prosperity Trail is an easy hike along an historic train route. Built on the original railroad foundation, the trail takes hikers across two trestles (bridges) and past several historic features.

Starting in the extinct town of Alston, hikers immediately step onto the first trestle which crosses the Broad River. The trestle provides great views of the river and is a great place to watch for wildlife like birds, turtles, and otters. The trail then leads past the town of Peak and through a peaceful forest of pine, oak, and maple trees. The second trestle crosses Crim's Creek. There are stairs that will take you down to a picnic area where you can relax by the water.

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