



SUMMER 2021

## WALK FAIRFIELD

Newsletter for Fairfield County Residents

### Downtown Winnsboro Historical Walking Tour

#### A TOWN FOR ALL TIME

Fairfield County is rich in history. From the longest running clock in America to colonial buildings, the county has many historical attractions. Fairfield County has over 100 historical buildings, churches, and homes that speak of the unique traditions and culture of the area. Many years ago, the Fairfield County Museum developed a historical walking tour brochure to highlight more than 50 significant sites in and around the downtown area of Winnsboro, the county seat. This brochure got a lot of mileage through the years and was popular with visitors. Recently, members of Eat Smart Move More Fairfield County proposed a partnership with the Fairfield County Museum to update the tour and brochure. Get your copy today and become reacquainted with the unique history of this town!

Get your own copy  
of the walking tour  
map!

Copies are available at:

- the Fairfield County Chamber of Commerce
- the Fairfield County Museum
- the state welcome centers
- several of the businesses in downtown Winnsboro

Or, you can download  
and print a copy by  
visiting

<http://umrhn.org/walking>



## About Eat Smart Move More Fairfield County

Eat Smart Move More Fairfield County (ESMMFC) is a coalition of local agencies and individuals who are interested in improving the health of Fairfield County residents through healthy eating and increased physical activity. Members of ESMMFC conducted a walkability assessment of the downtown historical walking tour to take note of any items in the physical environment that needed to be improved and also noted some changes that could be made to the brochure which would promote physical activity, such as distances, timed loops, and conducive areas for rest breaks.



Members of Eat Smart Move More Fairfield County working on the tour route.

Eat Smart Move More meets on the fourth Thursday of each month at 2:00pm. If you would like to be involved, contact Earnestine Williams at (803) 635-1052 ext. 2050 or [ewilliams@cooperativehealth.org](mailto:ewilliams@cooperativehealth.org).

**“Winnsboro’s interesting structures and stories are briefly displayed in the brochure entries. For even more details, visit the shops and the Fairfield County Museum on Congress Street as you walk along. Friendly faces behind garden gates will likely greet and share more tales with you.”**

PELHAM LYLES, DIRECTOR  
FAIRFIELD COUNTY MUSEUM

