



## Management of Overweight & Obesity in the School Setting

Friday, February 12, 2010 (7:30 a.m. – 3:00 p.m.)

Fairfield School District Offices, Board Room, 1226 US Highway 321 By-Pass South, Winnsboro, SC 29180

### AGENDA

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|------------------------|---|
| <i>7:30 - 8:00am</i>   | <i>Registration</i>   |
| <i>8:00 - 8:10am</i>   | Welcome by Mrs. Cindy Berley, Office of Special Services, Fairfield County School District  |
| <i>8:10 - 9:30am</i>   | Medical Management of Pediatric Overweight & Obesity. James R. Stallworth, M.D. USC School of Medicine, Department of Pediatrics.   |
| <i>9:30 - 10:45am</i>  | Nutrition & the School Environment. Mac Russell, RD, LD. Director, Fairfield Diabetes Education Center  |
| <i>10:45 - 11:00am</i> | <i>Break</i>  |
| <i>11:00 - 12:00pm</i> | Physical Activity & Student Health. Taquina 'TQ' Billups, Association Health Enhancement Director, YMCA   |
| <i>12:00 - 1:00pm</i>  | <i>Lunch (provided)</i>   |
| <i>1:00 - 2:00pm</i>   | How to talk to a student's parent about that student's weight and have the conversation end with "thank you so much for calling". Lauren Brightwell, MS, RD, LD.                        |
| <i>2:00 - 2:30pm</i>   | The Role of Community & Community Resources for Obesity Prevention & Treatment. Sandra K. Kammermann, MS, EdS, Education & Research Director, John A. Martin Primary Health Care Center |
| <i>2:30 - 3:00pm</i>   | School Nurses: School Health Champions. Q & A's. Rhonda Garris, RN, Manager of School Health Services, Fairfield County School District   |