



UMRHN

UPPER MIDLANDS RURAL HEALTH NETWORK

AUGUST 2017

UMRHN Community Members

Catawba Community Mental Health Center

Chester County Representative

Chester County School District

Chester Healthcare Foundation

Chester Regional Medical Center

Eau Claire Cooperative Health Center

Fairfield County School District

Fairfield Memorial Hospital

Good Samaritan Medical Clinic

J. Marion Sims Foundation

John A. Martin Primary Health Care

Mid-Carolina AHEC

Midlands Technical College

North Central Family Medical Center

SC Dept of Health & Environmental Control

SC Office of Rural Health

Springs Memorial Hospital

York Technical College

Member Highlight

Blue Granite Medical Center

Tameika Hunter, APRN, MSN, FNP-C

**Mondays 8 am - 8 pm
Tues., Wed., Fri. 8 am - 5 pm**

Family Practice - Walk-ins Welcome

803-815-5555

Located inside Fairfield Memorial Hospital

**102 US Hwy 321 By-Pass
North, Winnsboro, SC 29180**

Owned and operated by Fairfield Memorial Hospital



Why Are Immunizations Important?



Every year thousands of people suffer serious illness, are hospitalized, and even die from diseases that can be prevented by vaccines.

ADULTS

Immunity from childhood vaccines can wear off over time.

As an adult, you are at risk for different diseases such as the flu, tetanus, diphtheria, and pertussis.

Even healthy people can get sick enough to miss work or school.

If you're sick, you may not be able to take care of your family or other responsibilities.

The shingles vaccine is recommended for people age 60 and older, and the pneumonia vaccine for all adults over 65 years old.

CHILDREN & TEENS

Vaccination is one of the best ways parents can protect infants, children and teens from 16 potentially harmful diseases.

Children's vaccinations are a CDC requirement to attend school and daycare.

Teenagers are recommended to get the Human papillomavirus vaccines (HPV) that protects girls and boys from HPV infection and cancers caused by HPV.

PREGNANT WOMEN

Some vaccines, such as the measles, mumps, rubella (MMR) vaccine, should be given a month or more before pregnancy.

When you get vaccines, you aren't just protecting yourself—you are giving your baby some early protection, too.