# **Happy 4th of July!**

A close up of food

Description automatically generated**Starstruck Berry Marshmallow Pies**

<https://urbanbakes.com/starstruck-berry-marshmallow-pies/>

*INGREDIENTS*

**CRUST**

* 1 box Pillsbury refrigerated pie crusts, softened
* 1 teaspoon milk
* 2 teaspoons granulated sugar

**FILLING**

* 8 oz. fat-free cream cheese
* 7.5 oz (half 13 oz tub) marshmallow crème
* 1–2 teaspoons lemon peel, grated

**TOPPING**

* 1 cup fresh blueberries
* 1 cup fresh strawberries, sliced
* 2 tablespoons honey
* 1 teaspoon lemon juice

*INSTRUCTIONS*

1. Heat oven to 450 degrees F. On a lightly floured surface, unroll pie crusts. Use a rolling pin to evenly flatten edges.
2. From each pie crust, cut out one large square and cut again in half. From the four halves, cut again to make a total of 8 4 1/2-inch squares.
3. Roll all sides of each crust about 1/2-inch inward towards the center to create a lip to hold the filling. Lightly brush edges with milk. Sprinkle with sugar.
4. Bake 6 to 8 minutes or until lightly golden brown on an ungreased baking sheet. Remove crusts from baking sheet and cool on a wire rack.
5. Meanwhile, cut out a variety of stars. Brush each star with milk. Sprinkle with remaining sugar.
6. Bake stars on an ungreased baking sheet for 2 to 3 minutes or until lightly golden brown. Remove from baking sheet and allow to cool.
7. In a medium bowl, beat cream cheese until fluffy. Fold in marshmallow crème and grated lemon peel.
8. Evenly spread 2 to 3 tablespoons of filling onto each cooled pie crust. Top with blueberries and strawberries. Insert stars throughout in between berries.
9. In a small bowl, mix together honey and lemon. Lightly brush glaze over berries. ENJOY!

*NOTES*

* Full-fat versions of ingredients may be substituted for fat-free ingredients.
* If marshmallow crème is unavailable, beat 1/2 cup whipping cream until stiff peaks form. Fold into beaten cream cheese.
* Any variety of berries may be substituted for blueberries and/or strawberries.

**A close up of a decorated cake

Description automatically generatedRed, White & Blue Chocolate Strawberries**

<https://www.yummyhealthyeasy.com/patriotic-white-chocolate-strawberries>

*INGREDIENTS*

* Strawberries
* White chocolate
* Blue sprinkles
* Wax or parchment paper

*INSTRUCTIONS*

* 1. Melt white chocolate as instructed on the package. Dip strawberries in melted chocolate and then lightly dip in blue sprinkles. Set on wax or parchment paper to harden.
  2. Repeat until you get the quantity of strawberries desired. Serve and devour!

*A cup of beer on a table

Description automatically generated***Berry Soup Dessert Shooters**

*INGREDIENTS*

* 1 1/2 cups sliced strawberries
* 1 cup sliced peaches
* 1 cup blueberries
* 1/2 cup blackberries
* 1/3 cup honey
* 1 tablespoon lemon juice
* 1/4 teaspoon ground cinnamon
* whipped cream and fresh berries for garnish

*INSTRUCTIONS*

1. Add all ingredients to a medium saucepan and place over medium-high heat, stirring often. Bring mixture to a boil and remove from heat.
2. Allow mixture to cool. Place in a blender and blend until smooth.
3. Chill until ready to serve.
4. Garnish with whipped cream and fresh berries if desired.

*NOTES*

Fresh, frozen or canned fruit can be used. Recipe is easily doubled for a crowd.

<https://www.missinthekitchen.com/berry-soup-dessert-shooters/>

**Skinny Chocolate Bark**

<https://www.delish.com/cooking/recipe-ideas/recipes/a45361/skinny-chocolate-bark-recipe/>

A picture containing food

Description automatically generated*INGREDIENTS*

* 24 oz. dark chocolate (at least 60 percent cocoa)
* 1 c. natural peanut butter, warmed
* 1 c. unsalted peanuts, chopped
* 1/4 c. pretzels

*INSTRUCTIONS*

1. Line a baking dish or sheet with parchment. In a small glass bowl, heat dark chocolate in the microwave on low heat, stirring every 30 seconds, until melted. Pour into prepared dish, tilting so it fully covers the bottom of the dish.
2. Drizzle over peanut butter, then drag a toothpick over the peanut butter in the opposite direction of the drizzle, creating a swirl.
3. Top with peanuts and pretzels and refrigerate until firm, 1 hour. Break into pieces and serve. (Bark can be stored in a resealable container up to 2 weeks.)