

## Partner Organizations

- Catawba Community Mental Health
- Chester County School District
- Chester Healthcare Foundation
- Cooperative Health Centers
- Fairfield County School District
- Good Samaritan Medical Clinic
- J. Marion Sims Foundation
- John A. Martin Primary Health Care
- Mid-Carolina AHEC
- Midlands Technical College
- MUSC Health - Chester Medical Center
- MUSC Health - Lancaster Medical Center
- North Central Family Medical Center
- SC DHEC Midlands Region
- SC Office of Rural Health
- York Technical College

## Contact Us

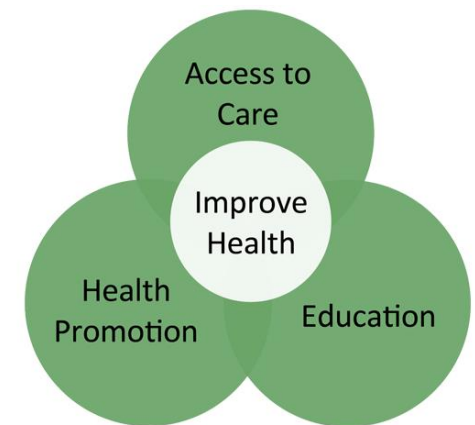
Karen Nichols, MBA  
Executive Director  
Upper Midlands Rural Health Network  
P.O. Box 1537  
Chester, SC 29706  
803-377-8027  
knichols@umrhn.org  
<http://www.umrhn.org>

## Supported by SCORH

The Upper Midlands Rural Health Network was organized with the financial and technical assistance of the South Carolina Office of Rural Health (SCORH). The network is one of several rural health networks developed through SCORH. The SCORH is a 501(c)(3) organization dedicated to improving access to quality healthcare in rural communities.

For more information about this or other rural health networks, please call the SC Office of Rural Health at 803-454-3850 or visit [www.scorh.net](http://www.scorh.net).

South Carolina Office of  
**Rural Health**



Working to  
improve  
health in  
Chester,  
Fairfield,  
and  
Lancaster  
Counties

## Mission

The Upper Midland Rural Health Network's (UNRHN) mission is to improve health in Chester, Fairfield, and Lancaster counties through a collaboration of a diverse group focused on access to care, health promotion, and education.

## About Us

UMRHN is a three county network of health, human service, and educational providers in north central South Carolina. Established in 2004, UMRHN is a 501(c)(3) organization dedicated to improving access to health care and safety nets. The network meets monthly and is actively involved in several community projects.

For more information or to find out about partnership opportunities, please contact us.



MUSC Health - Chester Medical Center



MUSC Health - Lancaster Medical Center

## Current Initiatives

- Assisting Network members with their electronic health record systems and meeting Meaningful Use standards
- Providing continuing education programs to school nurses in the region
- Supporting implementation of a school-based telemedicine program, partnering with Lowrys Family Medicine and Chester County School District
- Providing healthy lifestyles education opportunities for community residents
- Working with hospitals to prevent avoidable readmissions
- Connecting network members to the SC Health Information Exchange (SCHIEx)

## Accomplishments

- Funded a school nurse in the middle school in both Chester and Fairfield County School Districts
- Supported implementation of electronic health records (Health Office by HealthMaster) in Chester and Fairfield county middle schools
- Facilitated implementation of the Coordinated Approach to Child Health (CATCH) program in Fairfield county schools
- Implemented Exploring Healthy Lifestyles classes in Chester middle schools, a nutrition and physical activity elective class modified from "Up for the Challenge" with Clemson Extension and Chester 4-H
- Provided assistance with health screenings for students in Chester and Fairfield County School Districts

This resource is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$890,084 with 0 percent financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit [HRSA.gov](http://HRSA.gov).