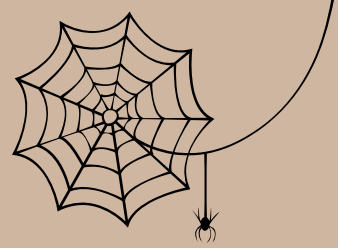


UMRHN

UPPER MIDLANDS RURAL HEALTH NETWORK

October 2018



SAFE AND HEALTHY TRICK - OR - TREAT

- Use REFLECTIVE tape to help drivers see your child!
- Walk on sidewalks, not streets, and cross in crosswalks.
- It's more fun with a group!
- Pay extra attention at busy intersections.
- Bring a flashlight or glow sticks to light your path!



Candy is one of the best parts of Halloween, and factory-sealed candy can help prevent your child from getting sick.

Girl on Fire is a cool costume idea. Actually being on fire isn't. Flame-retardant costumes are key!



Tip

If you're driving on Halloween, watch for children running out into the roads! Make sure your headlights are on so they can see you.

UMRHN Community Members

Catawba Community Mental Health Center * Chester County Representative * Chester County School District * Chester Healthcare Foundation * Chester Regional Medical Center * Eau Claire Cooperative Health Center * Fairfield County School District * Fairfield Memorial Hospital * Good Samaritan Medical Clinic * J. Marion Sims Foundation * John A. Martin Primary Health Care * Mid-Carolina AHEC * Midlands Technical College * North Central Family Medical Center * SC Department of Health and Environmental Control * SC Office of Rural Health * Springs Memorial Hospital * York Technical College

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