



UMRHN

UPPER MIDLANDS RURAL HEALTH NETWORK

June 2018



It's Getting Hot Out There!



... but don't let it get hot in here! →

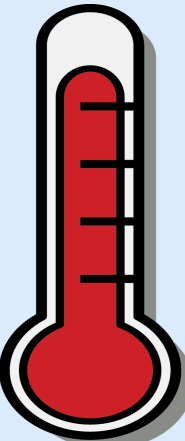
Prevent Hyperthermia!

- On average, 37 children die from heatstroke inside hot vehicles each year in the US. A record number of **46 deaths** have occurred in the last year!
- The child is left in the car **unintentionally** in over half the cases of vehicular heatstroke.
- More than half of vehicular heatstroke deaths occur in children under 2 years of age.

Never leave infants or children in a parked car. Put something you'll need like your cell phone or purse in the back seat so you have to open the back door every time you park.



- Children's bodies heat up **3 to 5** times faster than an adults body.
- Cracking the windows does not help slow the heating process or decrease the maximum temperature in a vehicle.
- If you see a child alone in a vehicle, get involved. **Call 911 immediately.** If the child seems hot or sick, get them out of the vehicle as quickly as possible.



Sources and Resources:

- <https://www.cdc.gov/disasters/extremeheat/children.html>
- <https://www.kidsandcars.org/how-kids-get-hurt/heat-stroke/>
- <http://noheatstroke.org/>

*South Carolina
Department of Health
and Environmental
Control*

*Member
Highlight*

The mission of the SC Department of Health and Environmental Control (DHEC) is to improve the quality of life for all South Carolinians by protecting and promoting the health of the public and the environment. The vision of DHEC is healthy people living in healthy communities. <http://www.scdhec.gov/>

UMRHN Community Members

Catawba Community Mental Health Center * Chester County Representative * Chester County School District * Chester Healthcare Foundation * Chester Regional Medical Center * Eau Claire Cooperative Health Center * Fairfield County School District * Fairfield Memorial Hospital * Good Samaritan Medical Clinic * J. Marion Sims Foundation * John A. Martin Primary Health Care * Mid-Carolina AHEC * Midlands Technical College * North Central Family Medical Center * SC Department of Health and Environmental Control * SC Office of Rural Health * Springs Memorial Hospital * York Technical College

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