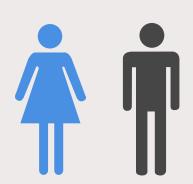# National Children's Dental Health Month

- The number one chronic disease in kids is tooth decay.
- Nearly HALF of all five-year-olds have had tooth decay!
- Kids with tooth decay are THREE times more likely to miss school.
- Tooth decay can even cause infection in other parts of the body.

Most tooth decay can be prevented!

Floss after EVERY meal.

Use toothpaste with fluoride. Fluoride helps prevent decay!

Start brushing as soon as that first tooth appears.

Brush TWO times every day for TWO minutes.

Eat healthy foods, and avoid sugary drinks.

Take the kids to the dentist within six months of the first tooth or by age one.

Think about sealants

Sealants are a plastic coating applied to children's teeth to prevent decay.
The average cost of applying sealants to a child's permanent teeth is one-third the cost of filling a cavity.

UMRHN Community Members

Catawba Community Mental Health Center * Chester County Representative * Chester County School District * Chester Healthcare Foundation * Chester Regional Medical Center * Eau Claire Cooperative Health Center * Fairfield County School District * Fairfield Memorial Hospital * Good Samaritan Medical Clinic * J. Marion Sims Foundation * John A. Martin Primary Health Care * Mid-Carolina AHEC * Midlands Technical College * North Central Family Medical Center * SC Department of Health and Environmental Control * SC Office of Rural Health * Springs Memorial Hospital * York Technical College

Fairfield County School District

Member Highlight

Each school in Fairfield County employs a full-time Registered Nurse. Dental screenings are conducted yearly based on DHEC recommendations.

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